



## RUBBER GLOVE SIZING

Having protective equipment that fits properly is vital to the safety of employees. Knowing how to accurately measure and choose glove sizes can increase safety and productivity in the workplace.

If gloves do not fit properly, they can often delay work or result in hand injuries. If the hand protection is too small, it may cause hand fatigue. Gloves that are too small also decrease dexterity. If the protective material is stretched out, the glove is more likely to rip or tear during use which is costly to replace, as well as dangerous for the wearer. Gloves that are too large also create safety issues, such as getting caught on jagged edges or moving parts of machinery.

It is imperative to understand how to appropriately measure the hand to issue and order properly sized gloves. If the glove fits properly, it will provide the worker with maximum protection without compromising dexterity.

**To find the appropriate glove size, use a tape measure around the knuckles of the dominant hand. The inch measurement of your hand should correspond directly to the numbered sizes of the glove.**

For example, if you measure your hand to be 8 inches around the circumference of your knuckles, then the corresponding size for your hand is **Size 8**. If your hand measures 8.5 inches, it is common for people to choose a **Size 9** glove.

### HAND SIZE (inches)

### GLOVE SIZE

7"-8.5"

SIZE 8

8.6"-9.5"

SIZE 9

9.6"-10.5"

SIZE 10

10.6"-11.5"

SIZE 11

11.6"-12"

SIZE 12



**visit [oelsales.com/rubber-products/](https://oelsales.com/rubber-products/) to view our entire catalog of rubber gloves and kits**

OEL WORLDWIDE INDUSTRIES

OELSALES.COM | 800.818.2244

OEL Worldwide Industries is a premier manufacturer of Arc Flash Safety Apparel [NFPA 70E, ASTM 1506-2001, ASTM 2178, CSA Z462 and OSHA 1910-269] and Insulated 1000V Hand Tools [ASTM 1505-01, IEC900].

**DISCLAIMER:** All necessary company safety practices for use of rubber products should be followed and assigned per company/corporation safety policy/program. OEL Worldwide Industries does not assume liability for the improper care and/or use of rubber products. Visual inspections and routine testing should be performed per necessary standards.